We start w/ a sufficient condition for a family of metric to be uniformly equivalent.

Lemma Let M^n be a closed manifold. For $0 \le t \le \tau \le \infty$, let g(H) be a 1-parameter family of metrics on M^n . If \exists a constant

$$\int_{C} \left| \frac{3t}{3} \delta(w^{t}) \right| dt \in C$$

 $\forall x \in M^n$ then $e^{-c}g(n_{10}) \leq g(n_{10}) \leq e^{c}g(n_{10}) \quad \forall x \in M, t \in [0,T).$

Moreover, as t 1T, g(t) converge uniformly to a continuous metric g(T) s.t. $\forall x \in M$

$$e^{-\zeta}g(x_{10}) \leq g(x_{1}T) \leq e^{\zeta}g(x_{10}).$$

Proof Let x & M, to & [OIT) and V & Pa M" be an arbitrary vector. There

$$\left| \log \left[\frac{g_{(n,0)}(v,v)}{g_{(n,0)}(v,v)} \right] \right| = \left| \int_{0}^{t_0} \frac{\partial f}{\partial t} \left[\log g_{(n,t)}(v,v) \right] dt \right|$$

$$= \left| \int_{0}^{t_0} \frac{\partial f}{\partial t} \left[\log g_{(n,t)}(v,v) \right] dt \right|$$

$$\leq \int_{0}^{\infty} \left| \frac{3+}{3+} g^{(n+1)} \left(\frac{|V|}{|V|}, \frac{|V|}{|V|} \right) \right| dt$$

$$\leq \int_{0}^{\infty} \left| \frac{3+}{3+} g^{(n+1)} \right| dt \leq C$$

(as 1A(U,U)1 ≤ 1A) for any 2-tensor A and U unit vector).

= we get the uniform bounds by exponentialtois.

$$\int_{\mathbb{R}^{n}} |g(n+1) - g(n+1)|_{g(0)} \leq \int_{\mathbb{R}^{n}} |g(n+1)|_{g(0)} \to 0 \text{ as } t \to T$$

uniformly on M as M is compact and the convergence happens & ze M.

if are define the function
$$f: TM^n - R$$
 by
$$f(n, V) = \lim_{t \to T} g(V, V)$$

$$f(n, V) = \lim_{t \to T} g(v, V)$$

there this function exists and is continuous. By polarizing the equation we define the (2.0) tensor $g_{(n,T)}$ on $H^n \omega/$

$$\int_{(M-V)} (V_i w) = \frac{1}{V} \left[f(x_i v_i w) - f(x_i v_i w) \right]$$

ond have
$$g_{(n,\tau)}(V,\omega) = \lim_{t \to T} g_{(n,t)}(V,\omega)$$
.

By the bounds above, we get that $e^{-C}g(n_{10}) \leq f(n_{1}v) \leq e^{C}g_{(n_{10})}(v_{1}v) = pg(n_{1}T) \text{ is possedefinite and : a continuous Riem. metric.}$

i.e. if glt) a RF satisfy uniform curvature bound are a finite time interval then all the metries in the family are uniformly equivalent.

Corr. If a soln g(t) of the RF satisfies $|Rel \leq K|$ for some combinet K on $\Gamma0.7$] then

and heure the metrics are all equivalent.

The main result which we want to prove in this lecture is that the curvature must explode as we approach the singular time. T.

main Theorem If g_0 is a smooth metric on closed H^n , there the RF g(t) $w/g(0) = g_0$ has a unique solⁿ on a maximal thrie interval [0,T) $w/T \le 0$. If T < 0 there $\lim_{t \to \infty} (\sup_{t \in H} |Rm|_{H^1(t)}) = \infty$.

The idea of the proof is by contradiction: If $|Rm(n+1)| \leq K$ for some K then we'll prove that $g(t) = \frac{1}{2} g(T) = \frac{1}{$

We have already seen above that g(T) is a condinuous metric. We'll now try to prove that it is artually vomooth. One way to show this is to guarantee that the opatial derivatives of g near T are bounded.

Notice that the derivative estimates are completely update at t=0 as we com't expect any bounds on $|\nabla^k Rm|$ from a bound on |Rm|. It's only after we flow the metric by the RF that the $\nabla^k Rm$ is are brought under control.

for the purposes of showing is moothness of g(T) we work near t=T, we can get derivative estimates by considering our RF as whenting at some time shorty before T. We have

Com Let $(M^n,g(F))$ be a RF. If $\exists \beta, K > 0 \le t$. $|Rm(n(t)|_{g(t)} \le K \quad \text{if } t \in [0,T] \quad \text{with} T > \frac{1}{K} \text{ then}$

F melN
$$\exists$$
 a constant $B_m = B_m(m, m, m, 2|3|1)$ sot
$$|\nabla^m R_m(n, 1)|_{g(n, 1)} \leq |B_m| \times \frac{1+m}{2} \quad \text{for } 1 \leq \frac{m}{K}, T$$

Proof:- Let $\beta_1 = \min \{\beta_1, 1\}$. Let $to \in [\frac{\beta_1}{K}, T]$. We consider the RF starting at time $T_0 = to - \frac{\beta_1}{K}$. Applying the derivative estimation.

- ates to this RF w/
$$\alpha = \beta_1 = D \left[\nabla^m R_m \right] \neq \frac{C_m K}{(t - T_o)^m/2}$$

 $|\nabla^{m} | \leq C_{m}(m_{1}n, m_{1}n \leq \alpha_{1}1 \leq 1) \cdot c_{m} \leq c_{m$

Ve .

Lemma: Let (MⁿgH) be a RF and let (xi), i=1,..., n be a local coordinate system defined on some coordinate chart UCM?

If IK>O sit.

there I m = IN I constants Cm, Cm depending only on the chosen coordinate chart sol.

12mg(nit) / = Gm 12mRe(nit) / = Cm & (nit) = Ux[oiT)

and

Where the norms are taken wirt the Euclidean metric in (201).

We are doing computations in a coordinate chart b/c we'll use the

compactness of 11 later to have an open sendencer and then use the

uniform derivatives in each chart).

note that I'm g moons the expression $O_{i_1}...O_{i_m} g_{pqr}$ in U.

Moreover $\Gamma_{i_1}^{K}$ will be treated as the coordinates of the tomos' Γ where Γ can be taken as the difference of ∇ and ∇ End.

Fine IN \exists a uniform upper bound on $|\nabla^m Re|$ on (β_k, T) .

There is also an upper bound on $|\nabla^m Re|$ on $[0, \beta_k]$ as the interval is empact = D $|\nabla^m Re| \leq D_m$ $\forall x \in M^n$, $\forall e \in [0, T]$, $D_m = D_m(m, g(x))$.

Claim: - 3 constants Am, Bm and Cm & m & N s.t.

- $1. |\mathcal{Q}_{m-1} \mathcal{L}| \leq \mathsf{A}^{\mathsf{m}}$
- d. 10m Rel ← Bm Ft ∈ [0,T).
- 3. 12mg1 & Cm

We prove the above claim ky induction on m.

m=0 for a) and 3) reads as $|Re| \leq B_0$, $|g| \leq C_0$ which one true b/c of $|Rm| \leq K$ and the uniform equivalence of the metrics respectively. m=1 for D reads as $|\Gamma| \leq P_1$ which is true b/c $\partial_{+}\Gamma = g^{-1}* \nabla Pc = D$ $|\partial_{+}\Gamma| \leq C$ = D $\Gamma \leq C(T-O) = A_0$.

Assume that 1), 2) and 3) are satisfied $\forall m \leq p-1$ and we prove the estimate for m=p. We start w/1.

note that 10^{b-1} 1 \leq C at t=0 as M is compact.

$$0 + 3^{b-1}\Gamma = 3^{b-1} 3 + \Gamma = 3^{b-1} (g^{-1} * \nabla Re)$$

$$= \sum_{i=0}^{b-1} 3^{b-i-1} (g^{-i}) * 3^{i} \nabla Re. -0$$

the terms w/ derivatives on g^{-1} have order $\leq p-1$. we have bounds on them by the induction hypothesis. What about the Other terms? Recall that for $i \leq p-1$

$$\partial^{i} \nabla Re = \nabla^{i+1} Rc + * (\partial^{i} \Gamma, \partial^{k} Re)$$

$$0 \leq j \leq i-1$$

$$k \leq i$$

(ii) for any tensor
$$S$$
, $\nabla S = \partial S + \Gamma *S$ and then you reiterate, e.g.,
$$\nabla^2 S = \nabla(\nabla S) = \nabla(\partial S + \Gamma *S) = \partial(\partial S + \Gamma *S) + \Gamma *(\partial S + \Gamma *S)$$
$$= \partial^2 S + \partial \Gamma *S + \Gamma *\partial S + \Gamma *\Gamma *S \text{ and so on.}$$

- .. The is bounded by the boxed of above and $j \le i-1 \le \beta-2$, $K \le i \le \beta-1 = 0$ by induction we have bounds on all the other terms.
 - 10+0^{b-1}Γ/ \leq C for some constant C. $^{\circ}$ 0 $^{b-1}$ Γ is bounded of t=0 = 0 we can integrate t=0 t=0 = 0 t=0 t=
 - :. 0 b-1 \(is also bounded thus proving).

$$\partial^{\beta} Rc = \nabla^{\beta} Rc + *$$
 $j \leq \beta - 1$
bounded by induction hypo

 $K \leq \beta - 1$
bounded

includion hypo

 $A = \beta - 1$
 $A = \beta - 1$

=D $|\partial^b Re| \leq B_p$ thus proving (2).

mow, $|\partial_t \partial_g^b| = |-2\partial_g^b| + |\partial_g^b| + |\partial_$

1

Con: The limit metric g(T) is smooth and $g(t) \longrightarrow g(T)$ uniformly in every C^k norm as $t \longrightarrow T$.

proof: - Want to prove that g(T) is smooth which is some as proving that all the derivatives with some coordinate system excist and we continuous. Take any coordinate chart U of M^n . From the RF eqn, $g_{ij}(x_i,T) = g_{ij}(x_i,t) - g_{ij}(x_i,t) - g_{ij}(x_i,t) dt$ $V \in IOIT$.

for any multi-index of, the previous result tells us that $\frac{\partial^{|\alpha|}}{\partial x^{\alpha}}g_{ij}$ and

 $\frac{\partial^{|\alpha|}}{\partial x^{\alpha}}$ Rij are uniformly bounded on $Ux\ [0,T) = D$ we can differentiate

under the integral sign =0 $\frac{\partial^{|\alpha|}}{\partial x^{\alpha}} \frac{\partial^{|\alpha|}}{\partial y^{\alpha}} \frac{\partial^{|\alpha|}}{\partial y^{\alpha$

moreous

$$\left|\frac{\partial^{|\alpha|}}{\partial n^{\alpha}}g_{ij}(n,T) - \frac{\partial^{|\alpha|}}{\partial n^{\alpha}}g_{ij}(n,t)\right| \leq C(T-t)$$

=D
$$g(t) - g(T)$$
 in only C^{k} norm.

now, : M'n'is compact we can choose a finite set of coordinate charts and their take the max of all the bounds in all of the estimates.

Proof of the main theorem

dosume, for a contradiction, that |Rm| = 0 as t / T = D $|Rm(n_1t)| \le K$. Ey the above results, g(t) converge uniformly in any C^k -norm to a smooth metric g(T).

", g(T) is $C^{\infty} = D$ by the short-time existence of sol to the RF w/ g(T) as the similar condition, we get o RF g(t) w/ g(0) = g(T) and exists for $0 \le t < \varepsilon$.

If are consider

$$T > t \ge 0$$
 (t) $E = (t) = 0$ (t) $E = (t) = 0$ (t) $E = (t) = 0$ (t) $E = (t) = 0$

then this is a smooth extension of the original solo glt) as all spatial

derivatures are continuous at t = T. Moneour, the time derivature of quantities related to the metric are also continuous at t=T b/c the Inne-dorivature com se writer in terms of the sportial desiratives which are bounded and continuous.

%= 9 kt) is a R.F. w/ initial condition as 9(0) which can be extended past t=T their contradicting the maximality of T. 9. IRm/ must blow up as t 1 T.

we also have the following corr.

Com: - t suppose (M'ight) is a RF w/ IRm| = K at t = 0. Then \exists a countemt C = C(u) sit.

$$|R_{M}| \leq \frac{K}{1 - \frac{CKt}{2}}$$
 (thus we have an upper bound on the

moneover, \exists a constant b>0, b=b(K,n) s.t. the RF exists \forall te [OID).

Proof. The blow-up rate follows from the max principle and the evolution of 1Rm1? The encistence of such a 6 basically follows from the proof of the doubling time estimate.